



Getting Started

(Print out this document and use it to write down the names and contact details of your representatives.)



You need to know which politicians represent you so you can contact them about things that are important to you. To find out who your politicians are you can visit www.writetothem.com



Your councillors are responsible for local services. This means most of the things that affect your local community. These are things like social services, housing, your streets and roads, town planning, recycling, libraries, leisure centres, local police and fire services.



You may have more than one and you can find out who they are by contacting your local council.

What is the name of your council?
What is the address of your council?

What is the phone no. of your council?

What are the contact details for your councillors?



MPs are responsible for things that affect the whole country. This could be things like the environment, health, benefits and education.

You can find out who your MP is by visiting <http://findyourmp.parliament.uk/commons/>



or by phoning the House of Commons.

Many MPs have their own websites and you can find contact details on there.

What is the name of your MP?
You can write to them at
(your MPs name) House of Commons London SW1A 0AA
You can telephone them on
0207 219 3000 (ask for your MPs office)
You can email them at
(Some MPs do not list their email address but on their website will have email forms that you can fill in to send them a message.) Their website address is



MEPs are responsible for things that affect the European Union. They represent your area when decisions are made at the European Parliament.



You may want to contact them about things like the environment, human rights, work, farming, fishing and trade.



You will have more than one MEP and you can find out who your MEPs are by visiting www.europarl.org.uk.

You can download and print off a list of your MEPs and their contact details from this website. This list also tells you what committees these MEPs belong to which may help you choose who to write to.

What are the names and details of your MEPs?

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